

CONCEPT FERTILITY DONOR PROGRAM



Known Embryo Donation
Information Booklet

Welcome

to the Concept Fertility Donor Program and thank you for allowing us to help guide you through your fertility journey. This booklet contains information regarding each step of the process for known embryo donation, for both you and your donor(s).

As the recipient, you are responsible for meeting the costs of all relevant medical appointments, screening, counselling and treatment, so where possible, an approximation of cost has been provided.

Please read through the information carefully and direct any questions you may have to the Donor Coordinator at donor@conceptfertility.com.au. We look forward to assisting you through this process.

IMPORTANT NOTE

As the embryo(s) have been created using both an egg and sperm (gametes), **there are two donors** that must be accounted for throughout this process. If the donors of the embryos(s) are a couple, the specialist appointment and counselling sessions can be conducted together. If the embryo(s) were created using unknown donor sperm, then all requirements of the male donor have previously been met, and only the female is required to undertake the donor process.

PROCESS AND CHECKLISTS

To help guide you both through the process, please utilise the process graphic and accompanying checklist for both the recipient and the donor in order to ensure that all appropriate steps are taken by each individual:

[RECIPIENT PROCESS AND CHECKLIST](#)

[DONOR PROCESS AND CHECKLIST](#)

STEP ONE: GP REFERRAL

RECIPIENT

The first step is to see your General Practitioner (GP) and request a referral to see one of our fertility specialists. A GP referral is a requirement to ensure that you are eligible for a Medicare rebate. A GP referral is valid for 12 months.

DONOR(S)

The first step is to see your General Practitioner (GP) and **request a referral to see the same fertility specialist as the recipient of your donation**. A GP referral is a requirement to ensure that your recipient will be able to claim a Medicare rebate. A GP referral is valid for 12 months.

STEP TWO: CHOOSE A SPECIALIST

RECIPIENT

We have four specialists with referring rights to the Concept Fertility Donor Program for embryos. Please select from the links below to learn more about each doctor and how to make an appointment with them.

During your appointment, your doctor will complete a *Recipient Donor Allocation Form*, which will prompt the Donor Coordinator to contact you for the next step.

Approximate Cost: \$150 - \$350

DONOR(S)

Make an appointment to see the specialist that your recipient has chosen.

During your appointment, you and your doctor will complete a *Donor Application and Approval Form*, which will qualify you to proceed as a known donor.

If you created the embryo with your partner, separate specialist appointments are not required, but you will be asked to complete a separate *Donor Application and Approval Form* each.



[Dr Lucy Williams](#)



[Dr Kevin Artley](#)



[Dr Graeme Thompson](#)



Dr Mini Zachariah

Some of our specialists will only see patients with private health insurance. Please see the table on the following page before you call to book an appointment.

Specialist	Private Health Insurance Required?	
	Yes	No
Dr Lucy Williams		✓
Dr Kevin Artley		✓
Dr Graeme Thompson	✓	
Dr Mini Zachariah	✓	

STEP THREE: INITIAL COUNSELLING SESSIONS

RECIPIENT

Once the *Recipient Donor Allocation Form* has been received by the Donor Coordinator, they will contact you to organise the booking of your counselling appointments. If you have a partner, it is vital that your partner attends all sessions with you.

Approximate Cost: \$570 (\$190/hr x 3)

You will require:

- 1 x individual session
- 1 x group session with your donor

DONOR(S)

Once the *Donor Application and Approval Form* has been received by the Donor Coordinator, they will contact you to organise the booking of your counselling appointments. If you have a partner, it is vital that your partner attends all sessions with you. If you created the embryo with your partner, separate individual sessions are not required.

You will require:

- 1 x individual session
- 1 x group session with the recipient

The purpose of these three counselling sessions are to:

- discuss the implications of your arrangement
- assess your psychological readiness of all involved parties to move forward with the intended arrangement
- meet the legislative requirements for known donation in Western Australia
- mark the beginning of the legislated three month cooling off period

The documented counselling for donation is a minimum requirement and the counsellors, at their own discretion, may request further counselling or request to involve other parties when they are brought up or introduced during any counselling session.

STEP FOUR: THREE MONTH COOLING OFF PERIOD

RECIPIENT

No action required.

DONOR(S)

No action required.

The three month cooling off period is a legislative requirement and must be upheld. The cooling off begins following your first group counselling session and ends after a final group counselling session at the end of the three month time period.

If partners are acquired during the cooling off period then the counsellors are at liberty to involve them, ask questions about their involvement, and request further counselling sessions if deemed necessary.

STEP FIVE: FINAL COUNSELLING SESSION

RECIPIENT

Once six months has lapsed since your group counselling session, please contact the donor coordinator to book your final counselling appointment.

Please liaise with your donor to assess a suitable day for you both to attend. You will need to allow up to two hours for this appointment. If you have a partner, it is vital that your partner attends this session with you.

Approximate cost: \$380 (\$190/hr x 2)

DONOR(S)

The recipient will liaise with you following the three month cooling off period to assess a suitable day for you both to attend the final counselling session. Please allow up to two hours for this appointment. If you have a partner, it is vital that your partner attends this session with you.

The purpose of this last counselling sessions is to:

- assess the psychological readiness of all involved parties to move forward with the intended arrangement now that six months have passed
- meet the legislative requirements for known donation in Western Australia
- mark the end of the legislated three month cooling off period

STEP SIX: DONOR SCREENING

RECIPIENT

No action required.

Approximate Cost: \$855 per person

DONOR(S)

Your specialist will have provided you with up to three pathology forms for your screening blood tests.

Your blood can be taken for these tests at Concept Fertility Centre from 0730am to 1pm on weekdays and 0800am to 1100am on weekends.

The below list indicates the minimum screening required. Some screening may have already occurred prior to the creation of the embryo, so it may not be necessary for all to be completed.

Pre-conception carrier screening is only required for one of the gamete donors; generally, the female in the first instance. If test results indicate that the female is a carrier of any of the conditions **highlighted** below, then the male will require testing as well.

Infection Pre-Screening:	Diagnostic Screening:
HIV	Blood Group
Hepatitis B	Haemoglobin Studies
Hepatitis C	Full Blood Count
HTLV I	
HTLV II	
Syphilis	
Cytomegalovirus (CMV)	
Preconception Carrier Screening:	Karyotyping:
Fragile-X	Female Karyotype
Cystic Fibrosis	Male Karyotype
Spinal Muscular Atrophy (SMA)	
Thalassemia	

STEP SEVEN: SIX MONTH QUARANTINE PERIOD

RECIPIENT

No action required.

DONOR(S)

No action required.

The six month quarantine period is a clinic requirement and ensures the safety of the donation. The quarantine period begins on the date that the last embryo was frozen and ends six months after this date.

In most cases the embryo(s) have already been frozen for a period greater than six months prior to the beginning of the donor process, nullifying this step.

STEP EIGHT: DOCUMENTATION AND CONSENTS

RECIPIENT

The following documentation and consent forms are to be provided to the donor coordinator prior to proceeding into the treatment phase:

- *Statutory Declaration (single women only)*
- *13.1.10 Request Form for Use of Donated Embryos/Oocytes*

DONOR(S)

The following documentation and consent forms are to be provided to the donor coordinator prior to final release of your donation:

- *13.1.75 Lifestyle Declaration for Egg Sperm Embryo Donors and Surrogacy*
- *13.1.9 Request Form for Donation of Embryos*

-ALL DONOR REQUIREMENTS ARE NOW COMPLETE-

- RECIPIENT ONLY -

THE TREATMENT PHASE

Once the donation has been cleared for use, you will need to see your specialist for treatment orders to be written. Treatment orders indicate the type of treatment that you require, the medications that you will need (if any), and grants the Concept Nurse Coordination Team responsibility to act as the liaison between you and your specialist during treatment. These treatment orders are sent to the Nurse Coordinators in preparation of your treatment phase.

Once you have seen your specialist and they have written your treatment orders, you will need to make an appointment to see a Nurse Coordinator. **This will begin your treatment phase.** The Nurse Coordinator will discuss the treatment and medications prescribed by your doctor; provide the relevant consent forms; and facilitate the remainder of your fertility journey in conjunction with the Nurse Coordination Team and your specialist.



