

CONCEPT FERTILITY  
DONOR PROGRAM



Recipient of  
Unknown Donor Embryos  
Information Booklet

Welcome to the Concept Fertility Donor Program and thank you for allowing us to help guide you through your fertility journey. This booklet contains information regarding each step of the process of becoming a recipient of an unknown embryo donor. Please read through the information carefully and direct any questions you may have to the Donor Coordinator at [donor@conceptfertility.com.au](mailto:donor@conceptfertility.com.au). We look forward to helping you find the right match.

## Step One: GP Referral

The first step is to see your General Practitioner (GP) and request a referral to see one of our fertility specialists. A GP referral is a requirement to ensure that you are eligible for a Medicare rebate. A GP referral is valid for 12 months.

## Step Two: Choose a Specialist

We have four specialists with referring rights to the Concept Fertility Donor Program for embryos. Please select from the links below to learn more about each doctor and how to make an appointment.



[Dr Lucy Williams](#)



[Dr Kevin Artley](#)



[Dr Graeme Thompson](#)



[Dr Mini Zachariah](#)

Some of our specialists will only see patients with private health insurance. Please note that your insurance cover must include assisted reproductive services to be eligible. Pregnancy extras does not provide adequate cover. Please see below before you call to book an appointment:

Specialist	Private Health Insurance Required?	
	Yes	No
Dr Lucy Williams		√
Dr Kevin Artley		√
Dr Graeme Thompson	√	
Dr Mini Zachariah	√	

During your appointment, your doctor will complete a *Recipient Donor Allocation Form*, which will prompt the Donor Coordinator to contact you for the next step.

### Step Three: First Counselling Appointment

Once the *Recipient Donor Allocation Form* has been received by the Donor Coordinator, they will contact you to book your first counselling appointment. **It may take up to a week for the Donor Coordinator to receive the Allocation Form from your Doctor.** The purpose of the first counselling session is to discuss the implications of receiving donor material and assist in preparing you for the future as a parent of a donor-conceived child. The counsellors, at their own discretion, may request further preliminary counselling or request to involve other parties when they are introduced during your session prior to your inclusion on the waitlist.

The counselling report will be forwarded to the Donor Coordinator to indicate that all preliminary counselling has taken place. The Donor Coordinator will then contact you and advise that you have been placed on the waiting list. **It may take up to a week for the Donor Coordinator to receive the Counselling Report.** If more than a week has passed and you have not been contacted by a Donor Coordinator, please get in touch with us at your earliest convenience.

### Step Four: The Waiting List

For new patients, the date that you see the counsellor becomes your waiting list date; however, for recipients that have moved from other clinics and previously completed their counselling, then the date that they see their Concept Fertility Specialist for the first time will become their waiting list date. The waiting list date will be used to indicate where you appear on the waiting list.

## Leaving the Waiting List

If you do wish to leave the waitlist for any reason prior to viewing donors, please let the Donor Team know. This ensures that you will not be contacted unnecessarily once you reach the top of the list. Your position on the waiting list will simply be inactivated, which means that you can be re-activated at any time in the future without losing your position.

## Wait Times

**Unfortunately, we cannot provide a precise timeframe for you to reach the top of the waiting list, as there are too many variables involved to be able to provide you with an accurate answer.** We can make a broad estimation, such as six, twelve or eighteen months, but this can be subject to change. Our key variables are: supply and ethnicity choice.

## Supply

The supply of available donors is unpredictable and can lead to greater than expected wait times. We employ many initiatives to recruit new donors and also seek to release donors that have not been utilised by recipients within certain timeframes. This will be discussed in further detail under our [Fair Use](#) policy.

## Ethnicity Choice

We accept donors from a multitude of ethnic backgrounds. We ask our recipients to advise us of their ethnicity choice(s) when they join the waitlist, but this is no guarantee that we will have a donor match. Should a recipient choose an ethnicity that is in low demand, the recipient will be offered donor profile(s) to view regardless of their waiting list date, which will decrease their wait time. Therefore, to ensure that recipients choose their ethnicity or ethnicities based on true desire and not time factors, the Donor Coordinators will not disclose the donor ethnicity types within the current donor pool unless the recipient is at the top of the waiting list.

When donor supply is low and no ethnicity match is possible, those at the top of the waiting list will be asked if they wish to view the profile(s) of donors from outside their ethnicity choice. This is a courtesy to allow our recipients every opportunity to find a suitable donor. We ask that you please indicate if you would prefer not to be offered the option to view any donor outside your ethnicity choice(s) when the Donor Coordinator requests your preferences.

Waiting recipients are welcome to contact the Donor Coordinators via email to discuss if their given timeframe is still valid, but it is requested that this occurs not more than once every four to six months, as this can quickly become resource intensive and greatly slow the process as a result.

## Step Five: Viewing Donors

Once at the top of the waiting list, the Donor Coordinator will email you donor profiles to view. We believe that the most important person in this process should be responsible for filtering through the donor characteristics, and that's you. There is therefore no maximum number of donor profiles that you will be offered for you to view, as **you will be offered all donors available that meet your ethnicity choice(s)**.

Each recipient has a **maximum of one week** to select their donor from the profiles provided. We regret that we do have to strictly abide by this one week viewing period as we must keep this as fair and equitable for our recipients as possible. If none of the donors are suitable, then they will return to our donor pool. You will then re-join the top of the waiting list until more donors are available for you to view.

If the Donor Coordinator does not receive a reply with your selection within the one week timeframe, it will be assumed that no donors were suitable and they will be offered to the next recipient to view. It is therefore vital that the viewing time is adhered to in order to avoid disappointment. We are unable to extend the viewing period for any recipient nor allow you to "hold" a donor until more donors become available.

## Step Six: Donor Selection

Along with the provided donor profiles received for viewing, the Donor Coordinator will also attach the *Embryo Recipient Selection and Declaration Form*. Completing, signing and returning this form to the Donor Coordinator will secure your choice of donor. This form is offered as an electronic PDF, so can be completed and signed electronically if you choose to do so. **Please ensure that this form is returned prior to the end of the one week viewing period to secure your donor.**

### Fair Use Policy

The Concept Donor Embryo Fair Use policy states that **all donor embryo recipients that have not used their donor for a period of greater than three years will automatically relinquish their right to the use of that donor.**

This policy primarily seeks to identify those that may have had a change of heart, mind, relationship or situation which has led to them no longer needing a donor. It is not uncommon for this to occur without our awareness. Those that still wish to use their donor and need more time need only ask and a new date may be negotiated.

## Step Seven: Second Counselling Appointment

The purpose of the second counselling session is to revisit all donor recipient implications now that you have chosen a donor. As it may have been a while since your first session, this second session ensures that you feel psychologically prepared to continue on your journey now that a donor has been selected and treatment approaches.



## Step Eight: Specialist Appointment

Once a donor has been chosen you will need to make another appointment with your specialist in order for treatment orders to be written. Treatment orders indicate the type of treatment that you require, the medications you will need (if any), and grants the Concept Nurse Coordination Team responsibility to act as the liaison between you and your specialist during treatment. These treatment orders are sent to the Nurse Coordinators in preparation for your treatment phase.

## Step Nine: Nurse Coordinator Appointment

Once you have seen your specialist and they have written your treatment orders, you will need to make an appointment to see a Nurse Coordinator. **This will begin your treatment phase.** The Nurse Coordinator will discuss the treatment and medications prescribed by your doctor; provide the relevant consent forms; and facilitate the remainder of your fertility journey in conjunction with the Nurse Coordination Team and your specialist.

## Donor Coordinator Liaison

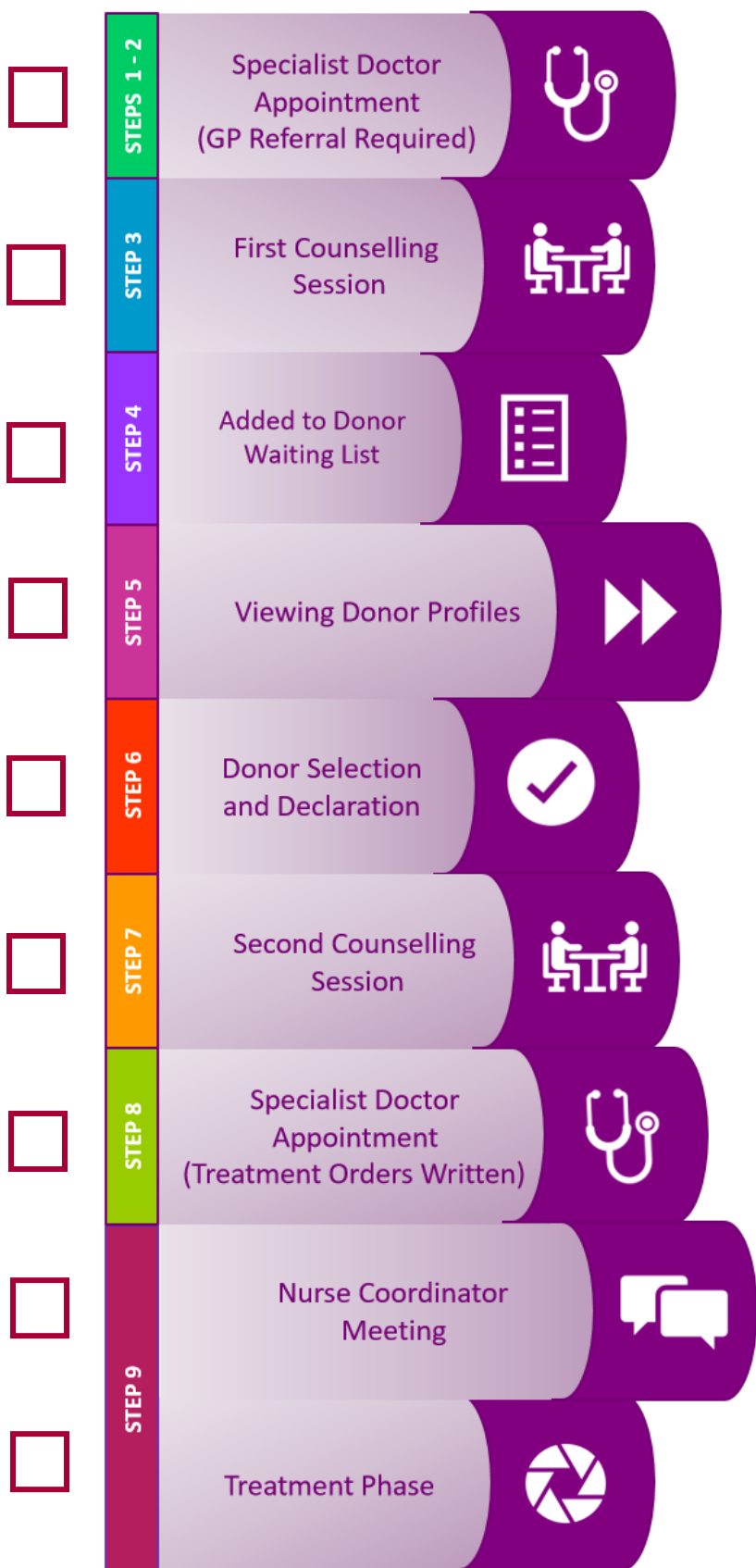
Once you enter the treatment phase, the Donor Coordinator is no longer privy to your activities, as the Nurse Coordinators have now assumed the responsibility for your ongoing care. **The obligation to advise the Donor Coordinator of the following circumstances now rests with you:**

1. When you are no longer using your donor, e.g. family is completed
2. If your family circumstances change, i.e. separation, partnership, etc.

Continued **liaison with the Donor Coordinator is vital** in ensuring that all legislative requirements for the use of your donor continue to be met.



# RECIPIENT PROCESS AND CHECKLIST



## Notes

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